

East Central ISD  
 Food Service Department  
**BREAKFAST PRICE LIST**  
 2018-2019

Cereal .....	\$ .50
Oatmeal .....	\$ .50
Mini Waffles or Pancakes.....	\$1.00
Cinnamon Roll .....	\$ .50
Mini Cinnis (available at ECHS, Heritage, & Legacy).....	\$ 1.00
UBR-Breakfast Round .....	\$ .75
Muffin .....	\$ .75
Asst Cereal Bars.....	\$ .50
Asst Bagged Snack Items.....	\$ .50
Pop Tarts .....	\$ .50
Biscuit.....	\$ .50
Toast/Cinnamon Toast.....	\$ .25
Sausage Link or Sausage Patty.....	\$ .50
Yogurt.....	\$ .75
Fruit or Yogurt Parfaits .....	\$1.50
Breakfast Taco.....	\$ 1.00
Breakfast Pizza .....	\$ 1.00
Biscuit Sandwich.....	\$ 1.00
Pancake on a Stick.....	\$ 1.00
Syrup .....	\$ .25
Jelly or Brown Sugar .....	\$ .10
Milk or Juice.....	\$ .50
Lactaid Milk, Vanilla Soy .....	\$1.00
Coffee (available at ECHS) .....	\$1.00
Cocoa (available at ECHS, Heritage, & Legacy).....	\$1.00
Fruit Smoothie or Iced Coffee (available at ECHS).....	\$2.00
<b>Elementary/Intermediate Regular Price Breakfast.....</b>	<b>\$ .85</b>
<b>Secondary Regular Price Breakfast.....</b>	<b>\$ .95</b>
<b>Reduced Price Breakfast.....</b>	<b>\$ .30</b>
<b>Guest/Adult Breakfast (includes choice of juice &amp; milk) .....</b>	<b>\$2.00</b>

East Central ISD  
 Child Nutrition & Food Service Department  
**LUNCH PRICE LIST**  
 2018-2019

Entree.....	\$2.00
Deli Sandwich.....	\$2.00
Calzone (available at ECHS).....	\$2.00
Deli Salad .....	\$3.00
Baked Potato .....	\$1.50
Sour Cream or Bacon Bits.....	\$ .25
Cheese (1 oz cup).....	\$ .50
Margarine .....	\$ .10
Bread, Crackers (4 pkg), or Croutons.....	\$ .25
Wheat Roll.....	\$ .30
Vegetable, side.....	\$ .50
Fresh Fruit or Fruit, side.....	\$ .50
Pasta or Rice .....	\$ .50
Asst Bagged Snack Items.....	\$ .50
Daily 100 calorie snack Item.....	\$ .25
Baked Chips (available at ECHS, HMS, LMS).....	\$ .50
Ice Cream Novelties .....	\$ .50
Dippin Dots (available at ECHS) .....	\$2.50
Super Pretzels (available at ECHS).....	\$1.00
Cheese Dipping Sauce (available at ECHS).....	\$ .75
Extras	
Condiment Packets .....	\$ .10
BBQ sauce, Sweet & Sour sauce.....	\$ .25
Gravy, Ranch Dressing.....	\$ .25
Beverages	
Milk or Juice.....	\$ .50
Lactaid, Almond, or Soy milk.....	\$1.00
Juice Pouch .....	\$ .50
Bottled Water.....	\$ .50
Variety Fruit Juices (available at ECHS, HMS, & LMS) .....	\$1.00
Naked Juice (available at ECHS) .....	\$2.00
<b>Elementary Regular Price Lunch.....</b>	<b>\$2.35</b>
<b>Secondary Regular Price Lunch.....</b>	<b>\$2.60</b>
<b>Reduced Price Lunch.....</b>	<b>\$ .40</b>
<b>Guest/Adult Lunch (includes choice of tea or milk).....</b>	<b>\$3.55</b>