

WENU

EAST CENTRAL DEVELOPMENT

Week one:

27th Aug, 9th Sept, 23rd Sept, 7th Oct, 21st Oct, 4th Nov, 25th Nov, 9th Dec, 2019-6th Jan, 20th Jan, 3rd Feb, 7th Feb, 3rd Mar, 24th Mar, 7th Apr, 21st Apr, 5th May, 19th May, 2nd Jun

Week two:

2nd Sept, 16th Sept, 30th Sept, 14th Oct, 28th Oct, 11th Nov, 2nd Dec, 16th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Biscuit w/sausage Cereal w/ Toast Yogurt w/ granola	Mini Pancakes Cereal w/Toast Yogurt w/ granola	Oatmeal w/toast Cereal w/Toast Yogurt w/ granola	Bean & Cheese Taco Cereal w/Toast Yogurt w/ granola	Scrambled egg w/toast Cereal w/Toast Yogurt w/ granola
LUNCH WEEK ONE	Grilled Cheese Sandwich Spinach Baby Carrots w/ranch Mandarin Oranges	Chicken Nuggets w/roll Mashed Potatoes Green Beans Peaches w/whip	Queso Taco Snack Pinto Beans, Corn Mixed Green Salad Blueberries w/whip	Mini Corndogs Potato Smiles Peas Pears w/Cranberries	Fish Sticks w/ Macaroni Sweet Potato Fries Steamed Broccoli Applesauce
LUNCH WEEK TWO	Spaghetti & Meatballs and Breadstick Spinach Baby Carrots w/ranch Mandarin Oranges	Steak Fingers w/roll Mashed Potatoes Green Beans Peaches w/whip	Crispy Beef Taco Pinto Beans, Corn Mixed Green Salad Blueberries w/whip	Hamburger Potato Smiles Peas Pears w/Cranberries	Cheese Pizza Sweet Potato Fries Steamed Broccoli Applesauce
DELI OPTIONS	Ham and Cheese Sandwich Yogurt w/cheese and crackers PB&J Sandwich w/Cheese stick	Ham and Cheese Sandwich Yogurt w/cheese and crackers PB&J Sandwich w/Cheese stick	Ham and Cheese Sandwich Yogurt w/cheese and crackers PB&J Sandwich w/Cheese stick	Ham and Cheese Sandwich Yogurt w/cheese and crackers PB&J Sandwich w/Cheese stick	Ham and Cheese Sandwich Yogurt w/cheese and crackers PB&J Sandwich w/Cheese stick

Thanksgiving Meal - November 13

Holiday Meal - December 18

