

17-18 MENU- EAST CENTRAL DEVELOPMENT CENTER

BREAKFAST MENU OPTIONS	Monday	Tuesday	Wednesday	Thursday	Friday
	Mini Pancakes w/Sausage patty	Sausage Biscuit*	Scrambled Eggs w/ Bacon & Toast	Bean and Cheese Taco	Oatmeal w/Toast
	Cereal w/Toast	Cereal w/Toast	Cereal w/Toast	Cereal w/Toast	Cereal w/Toast
	Yogurt & Granola	Yogurt & Toast	Yogurt & Granola	Yogurt & Toast	Yogurt & Granola

LUNCH OPTIONS	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK1 MENU 8/28, 9/11, 9/25, 10/9, 10/23, 11/6, 11/27, 12/11, 1/8, 1/22, 2/5, 2/19, 3/5, 3/26, 4/9, 4/23, 5/7, 5/21, 6/4	Pepperoni Pizza	Chicken Nuggets w/ roll	Taco Snack* w/ Spanish Rice	Macaroni and Cheese Entrée w/breadstick	Fish Sticks w/ roll
	Spinach Baby carrots w/ranch	Mashed Potatoes Green Beans	Pinto Beans Corn	Potato Smiles Peas	Sweet Potato Fries Broccoli w/cheese
	Mandarin Oranges	Peaches w/whip topping	Blueberry Crisp or	Pears w/red grapes	Applesauce
WEEK 2 MENU 9/4, 9/18, 10/2, 10/16, 10/30, 11/13, 12/4, 12/18, 1/15, 1/29, 2/12, 2/26, 3/19, 4/2, 4/16, 4/30, 5/14, 5/28	Spaghetti w/ Meatsauce	Steak Fingers w/ roll	Crispy Beef Tacos w/ Spanish Rice	Personal Cheese Pizza*	Hamburger
	Spinach Baby carrots w/ranch	Mashed Potatoes Green Beans	Pinto Beans Corn	Potato Tots Peas	Sweet Potato Fries Broccoli w/Cheese
	Mandarin Oranges	Peaches w/whip topping	Blueberry Crisp or	Pears w/red grapes	Applesauce
<u>Alternate Menu Options</u>	PB&J Sandwich w/Cheese stick	PB&J Sandwich w/Cheese stick	PB&J Sandwich w/Cheese stick	PB&J Sandwich w/Cheese stick	PB&J Sandwich w/Cheese stick
	Ham and Cheese Sandwich	Turkey and Cheese Sandwich	Ham and Cheese Sandwich	Turkey and Cheese Sandwich	Ham and Cheese Sandwich
	Yogurt and Cheese Kit	Yogurt and Cheese Kit	Yogurt and Cheese Kit	Yogurt and Cheese Kit	Yogurt and Cheese Kit

**Offer versus Serve is NOT required for Pre-K for CACFP at ECDC or Elementary sites with Pre-K.