

East Central ISD 2020-2021 High School Fall Lunch Menu

LUNCH	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Served on all Main Lines, South Campus and John Glenn Annex 9/14, 9/28, 10/12, 10/26, 11/9, 11/30, 12/14, 1/11, 1/25, 2/8, 2/22, 3/15, 3/29, 4/12, 4/26, 5/10, 5/24	Asian Chicken w/Fried Rice & Egg Roll Steamed Broccoli Steamed Carrots Fresh Banana Mixed Fruit or Cobb Salad Crackers Croutons Fresh Banana Mixed Fruit	Chicken Nuggets w/Wheat Roll & Dipping Sauce Mashed Potato Green Beans Fresh Orange Peaches w/whip topping or Turkey Sub Sandwich Jicama Cucumbers w/Ranch Lettuce Tomato Cup Fresh Orange Peaches w/whip topping	Beef Taco Salad w/Chips and Salsa Pinto Beans Corn Fresh Grapefruit Pears w/Grapes or Chef Salad Crackers Croutons Fresh Grapefruit Pears w/Grapes	Cheeseburger Potato Wedges Vegetable Medley Lettuce Tomato Cup Raisins Applesauce or Chili Cheese Baked Potato Peas Vegetable Medley Raisins Applesauce	Baja Fish Tacos w/Chipotle Sauce Mixed Vegetables Sweet Potato Fries Fresh Apple Strawberries w/whip topping or Southwest Kit Black Beans Corn Salsa Fresh Apple Strawberries w/whip topping
	Week 2 Served on all Main Lines, South Campus and John Glenn Annex 9/7, 9/21, 10/5, 10/19, 11/2, 11/16, 12/7, 1/4, 1/18, 2/1, 2/15, 3/1, 3/22, 4/5, 4/19, 5/3, 5/17	Grilled Chicken Parmesan w/Garlic Bread Steamed Broccoli Steamed Carrots Mixed Fruit or Ham and Cheese Sandwich Fresh Broccoli w/Ranch Baby Carrots w/Ranch Lettuce Tomato Cup Fresh Banana Mixed Fruit	Chicken Fried Steak w/Wheat roll Mashed Potatoes Green Beans Fresh Orange Peaches w/whip topping or Greek Salad Crackers Croutons Fresh Orange Peaches w/whip topping	Burrito w/Salsa Pinto Beans Corn Fresh Grapefruit Pears w/Grapes or Peanut Butter & Jelly Kit Fresh Green Salad w/Ranch Baby Carrots w/Ranch Fresh Grapefruit Pears w/Grapes	Chili Cheese Hotdog Potato Wedges Vegetable Medley Raisins Applesauce or Chicken Fajita Salad w/Chips & Salsa Raisins Applesauce
Served Weekly Outback Kiosk Mobile Units Food Truck	Personal Pizza Steamed Broccoli Steamed Carrots Fresh Banana Mixed Fruit	Chicken Nuggets w/Wheat Roll & Dipping Sauce Mashed Potatoes Green Beans Fresh Orange Peaches w/whip topping	Burrito w/Salsa Pinto Beans Corn Fresh Grapefruit Pears w/grapes	Cheeseburger Potato Wedges Vegetable Medley Raisins Lettuce Tomato Cup Applesauce	Chicken Strips w/Wheat Roll & Dipping Sauce Mixed Vegetables Sweet Potato Fries Fresh Apple Strawberries w/whip topping
	Peanut Butter & Jelly Kit Fresh Broccoli Baby Carrots w/Ranch Fresh Bananas Mixed Fruit	Turkey Sub Sandwich Jicama Cucumbers w/Ranch Lettuce Tomato Cup Fresh Orange Peaches w/whip topping	Ham & Swiss on Pretzel Roll Fresh Green Salad w/Ranch Baby Carrots w/Ranch Fresh Grapefruit Pears w/grapes	Yogurt Kit Hummus w/Pita Chips Celery Sticks w/Ranch Raisins Applesauce	Italian Sub Green Salad w/Cherry Tomato Lettuce Tomato Cup Fresh Apple Strawberries w/whip topping

Thanksgiving - Nov 17

Holiday Meal - Dec 18

LUNCH COMPONENTS INCLUDE: GRAIN, VEGETABLE, FRUIT, MEAT, MILK. CHOICE OF 1% WHITE OR SKIM CHOCOLATE MILK AT BREAKFAST AND LUNCH
 MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY OF FOOD ITEMS
 CURBSIDE MEALS AVAILABLE TO STUDENTS NOT IN ATTENDANCE IN SCHOOL.

THE EAST CENTRAL ISD HAS HAD A CHANGE TO ITS POLICY AND WILL BE SERVING FREE MEALS TO PRE-K - 8 GRADE STUDENTS FOR THE 2020-2021 SCHOOL YEAR.
 THE FOLLOWING SCHOOLS ARE:
 PECAN VALLEY ELEMENTARY, HARMONY ELEMENTARY, SINCLAIR ELEMENTARY,
 OAK CREST ELEMENTARY, HIGHLAND FOREST ELEMENTARY, SALADO ELEMENTARY, TRADITION ELEMENTARY, HERITAGE MIDDLE SCHOOL, AND LEGACY MIDDLE SCHOOL QUALIFY TO OPERATE THE COMMUNITY ELIGIBILITY PROVISION(CEP).

NEED TO PUT MONEY IN YOUR STUDENTS ACCOUNT?
 WANT TO KNOW WHAT YOUR STUDENT HAS BEEN EATING?
 GO ONLINE TO MYPAYMENTSPLUS.COM.
 STUDENT ID NUMBER NEEDED FOR ACCOUNT SET UP

This institution is an equal opportunity provider.