

EAST CENTRAL INDEPENDENT SCHOOL DISTRICT  
CHILD NUTRITION & FOOD SERVICE DEPARTMENT  
**SPECIAL DIET REQUEST FORM**

Note to Parent / Guardian:

The East Central ISD requests that all students who need a special diet, or a modification of food during school hours do the following:

1. Present a written consent form signed by the parent or legal guardian.
2. Bring the printed Special Diet Request Form completed by a registered dietitian or physician.

Diet modification may be served by district personnel provided that the prescribing physician completes this request form or submits diet prescription.

Name of student: \_\_\_\_\_ School \_\_\_\_\_ Grade \_\_\_\_\_

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**TO BE COMPLETED BY PHYSICIAN**

**The medical statement must include:**

- identification of the medical or other special dietary conditions which restricts the child's diet;
- the food or foods to be omitted from the child's diet, and the food or choice of foods to be substituted.

Condition requiring Special Diet or Food Modification-

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Specific Foods and portion size to be served at school-

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Specific Food(s) to be omitted-

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Specific Food(s) to be substituted-

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Specific identification of the medical or other special dietary conditions which restricts the child's diet-

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Duration of special diet request-

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Physician's telephone number

Printed name of Physician

Signature of Physician

Date

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**TO BE COMPLETED BY PARENT**

I give my permission for my child \_\_\_\_\_ to receive the above diet or food Modification as directed.

Name of child

Telephone number

Signature of Parent/Guardian

Date

**Non-Discrimination Statement:** This explains what to do if you believe you have been treated unfairly. In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.